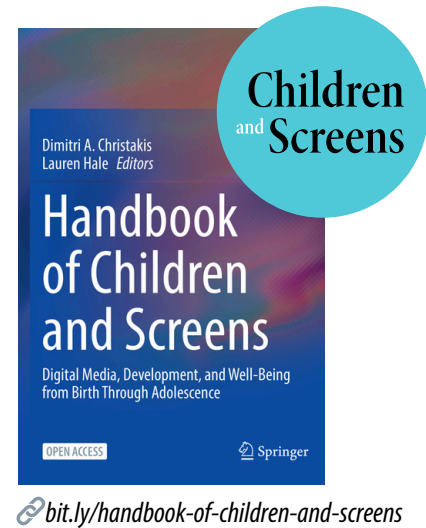


RECOMMENDATIONS

Video Gaming



bit.ly/handbook-of-children-and-screens



Parents, Caregivers, and Families

- Follow video game content rating suggestions.
- Monitor children's digital media use, including game play.

- Understand the potential risks of gambling and learn to recognize warning signs of gambling and gaming disorder.
- Consider children's developmental stage when determining the appropriateness of game content.



Clinicians and Providers

- Complete training to recognize problematic digital media use and understand the relationship between different types of media use and developmental outcomes.
- Determine efficacy of interventions for problematic video game use across ages.

- Provide parents and youth with educational resources for healthy and problematic digital media use.
- Screen for gambling and gaming disorder among youth.
- If relevant, share expertise in diagnosing or treating problematic gaming through educational resources to inform allied health fields.